



WIN EVERY PITCH

WIN EVERY AT BAT

WIN EVERY INNING

Coaching Hitters

Pre-game

- Build Hitters Confidence, starts at Pre-game Discussion/Goal Setting
- What did they learn last game, and what is approach this game?
- Remind them to go thru their routine
- Discuss approach with runners on
- Aggressive in their zones
- Improve Quality at bats
- Review Hitters counts, be aggressive
- Pitchers counts discuss approach
- Aggressive out of the box, thinking Double
- How many runners left on base last game
- Discuss how many strikes where looking

In Game Coaching

We should have 1 coach speak with Hitters, not 3 different guys giving feedback every inning.

- Track quality at bats
- Discuss pitchers sequence
- Discuss Pitchers move, when runners on
- Discuss any adjustment hitter has to make during game
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- foot landing key to watch, when a pitcher is wild that normally is not, could be the hole on the mound is not working with his stride length
- Start thinking of what types of comments you can make, to help hitters

Post-game

- Recap the goal established for the day. (review opportunities first, finish with the Goals accomplished)
- What can we improve on, before next game?
- Make sure players run, once they are done
- Plan next practice around area of improvements?
- NOTE: We must narrow down what our goals will be, we cannot have more than 3 focuses/goals per game, and in closing only have 3 goals for next practice/game